

**Z-Trek**

**Men's 14 (page 1)**

Foot length - up to 308mm / 12 1/8 inches

- 1.** Print this page and the next at ACTUAL SIZE (100% scale).

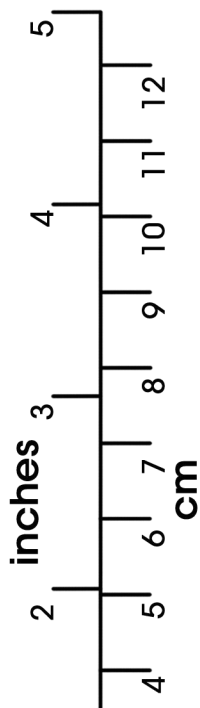
Compare the scale markers on this page and the next with a ruler.

If the scale isn't correct, your Xero Shoes will not fit correctly, so adjust accordingly.

- 2.** Fold the next page on the indicated line, and tape it to the bottom of this page, where indicated.

- 3.** Position your bare foot on this page inside the outline.

If there is more than 1/4" (6mm) of space past your heel and the front of your toes, try a smaller size.



For more information about measuring and sizing, visit:

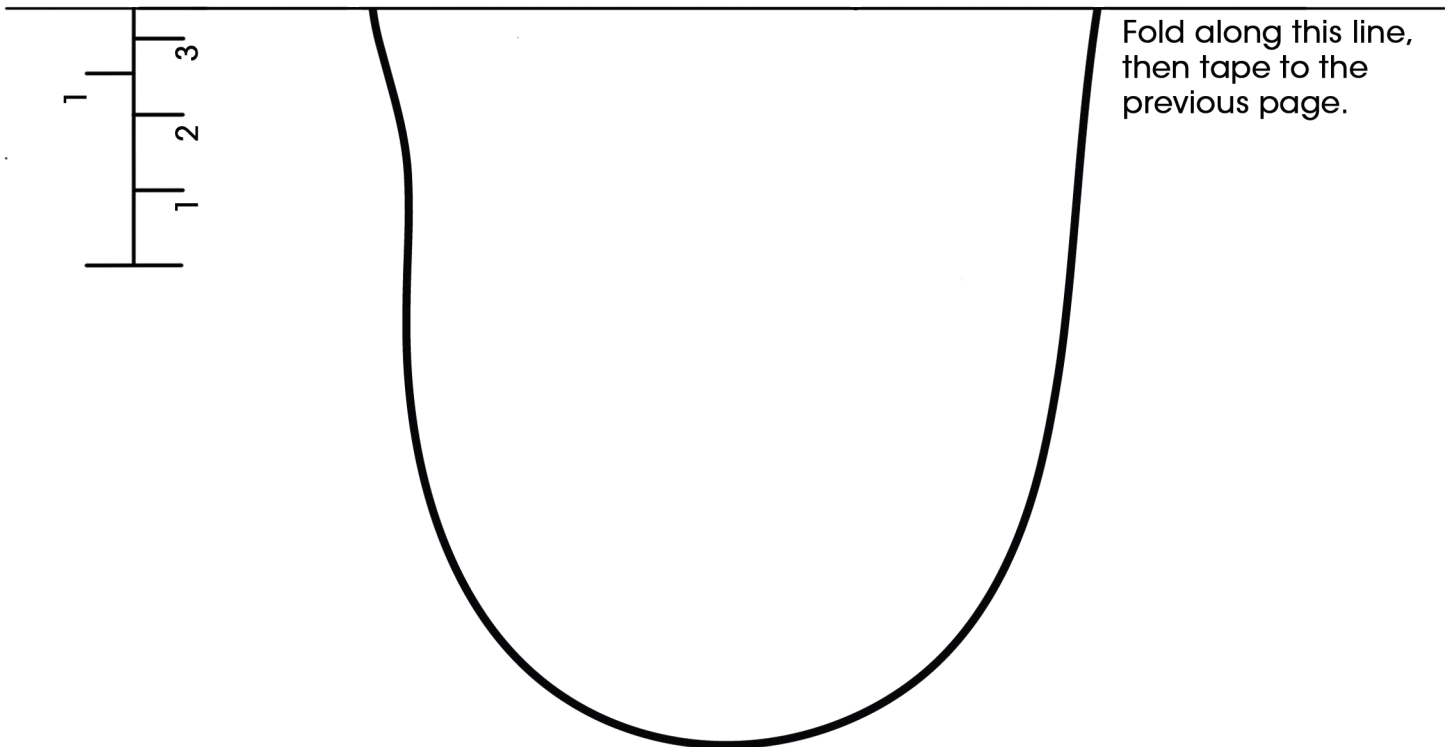
[www.XeroShoes.com/xerofit](http://www.XeroShoes.com/xerofit)

Tape the bottom section (next page) here

**Z-Trek**

**Men's 14 (page 2)**

Foot length - up to 308mm / 12 1/8 inches



Remember, you can trim the toe area of your Z-Trek to match your foot shape.

**Questions? Need help?**

**Call 303.447.3100**